



Gonmisol Premium Ayurvedic Extracts



Gonmisol
by **SUANNUTRA**



Traditional Wisdom. Modern Science. Sustainable Health.

At Gonmisol, we are proud to enrich **our portfolio with Premium Ayurvedic Extracts**, designed to deliver not only scientific excellence, proven efficacy, and high-quality standards, but also to honor ancient traditions, community well-being, and environmental sustainability.

Each extract **embodies millennia of Ayurvedic knowledge**, crafted with the **latest technologies** in a manner that **preserves cultural values and promotes responsible health solutions**.

To **help you explore our Ayurvedic ingredient** portfolio more intuitively, we have **organized the following pages by key areas of health benefit**, such as immunity, cognition, metabolism, and more.

This structure reflects well-established **scientific literature supporting the efficacy of each ingredient**, allowing you to navigate our range with confidence and clarity-guided by both tradition and evidence.

Through exclusive sourcing partnerships with trusted companies in key regions of Ayurvedic herbal tradition, we ensure that every ingredient reflects the richness of its origin and the depth of its cultural heritage. **Our partners not only share our commitment to quality, but also our vision for a more responsible and sustainable world.**





- Our **Indian partner** allocates **3% of its profits** to corporate social responsibility initiatives supporting local communities.






Women's Health



Shatavari Extract

-  **Botanical species:** *Asparagus racemosus*.
-  **Standardization:** 40% Saponins (Gravimetric).
-  **Common daily dosage:** 500-1000 mg.
-  **Conventional use:** Hormonal balance, reproductive health, menopause support.

Other Supportive Ingredients

-  **Red Clover Extract:** (20% Isoflavones HPLC): Menopause support, hormonal health.
-  **Cranberry Powder:** Urinary tract health, antioxidant support.
-  **Barley Grass Extract:** Phytoestrogens for hormonal support.



Immunity Support

Boswellia Extract



Botanical species: *Boswellia serrata*.



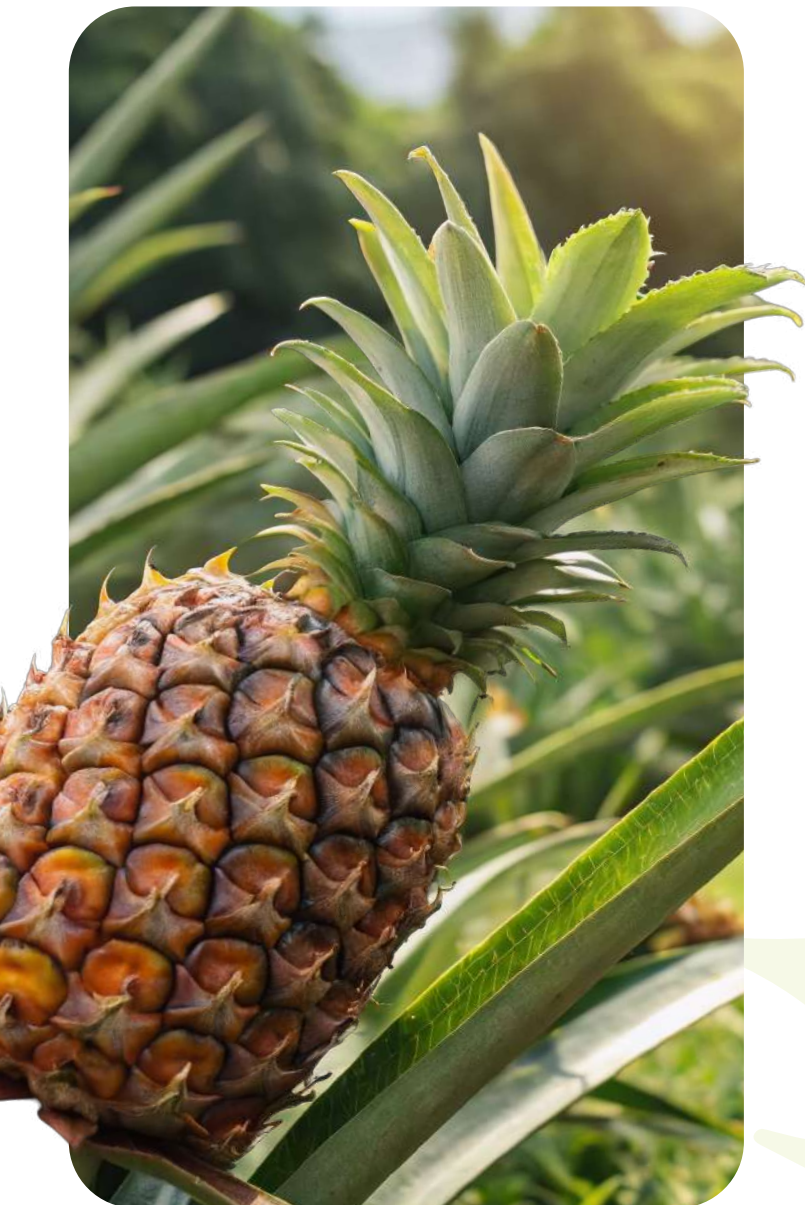
Standardization: 65% Boswellic Acids (Titration).



Common daily dosage: 300-500 mg.



Conventional use: Inflammatory response, joint health, immune support.



Bromelain



Botanical species: *Ananas comosus*.



Standardization: 80 GDU to 5000 GDU.



Common daily dosage: 200-600 mg.



Conventional use: Anti-inflammatory, digestive health, immune modulation.

Other Supportive Ingredients

- *Rosemary Extract*: (2% Rosmarinic Acid): Antioxidant and immune support.
- *Nigella Sativa Seed Powder* : Immune modulation and anti-inflammatory properties.
- *Broccoli Extract*: Detox and immune resilience.





Cognitive Health

Bacopa Extract



Botanical species: *Bacopa monnieri*.



Standardization: 20% Bacosides (USP).



Common daily dosage: 300-450 mg.



Conventional use: Memory enhancement, stress resilience, cognitive support.

Other Supportive Ingredients

- *Hericium erinaceus* Extract (Lion's Mane): Cognitive and nerve regeneration support.
- *Griffonia Simplicifolia* Seed Powder: Natural serotonin precursor, mood support.



Sport Nutrition

Mucuna Extract



Botanical species: *Mucuna pruriens*.



Standardization: 15% Levo-Dopa (HPLC).



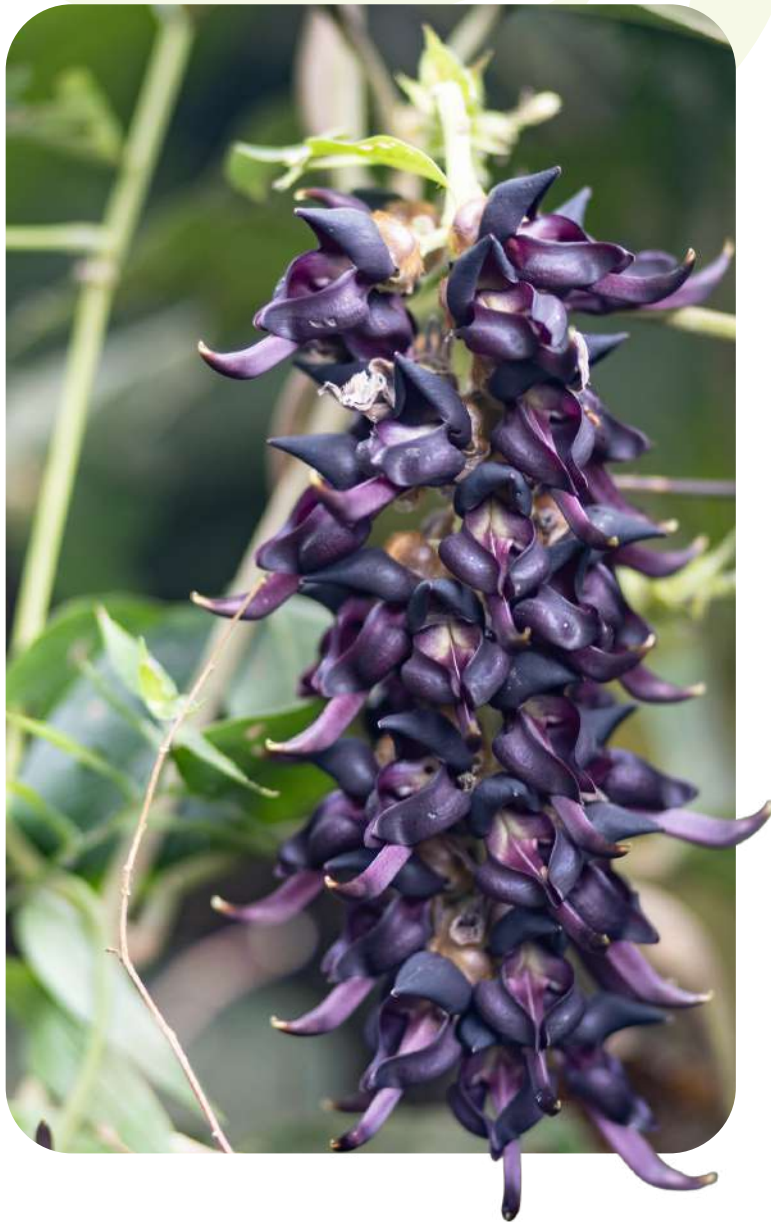
Common daily dosage: 250-500 mg.



Conventional use: Muscle performance, energy production, mood balance.





Other Supportive Ingredients

- *L-Ornithine L-Aspartate:* Muscle recovery and ammonia detoxification.
- *DHA Algae Powder (10%):* Muscle recovery and anti-inflammatory effects.
- *Beetroot Powder:* Nitric oxide booster for endurance.
- *Barley Grass Extract:* Energy and antioxidant support.







Metabolism Support

Fenugreek Extract





-  **Botanical species:** *Trigonella foenum-graecum*.
-  **Standardization:** 50% Saponins (Gravimetric).
-  **Common daily dosage:** 500-1000 mg.
-  **Conventional use:** Blood sugar balance, appetite control, metabolic health.



Gymnema Extract




-  **Botanical species:** *Gymnema sylvestre*.
-  **Standardization:** 25% Gymnemic Acids (Gravimetric).
-  **Common daily dosage:** 300-600 mg.
-  **Conventional use:** Glucose metabolism, sweet cravings reduction.

Green Coffee Bean Extract

-  **Botanical species:** *Coffea arabica*.
-  **Standardization:** 50% Chlorogenic Acids (HPLC).
-  **Common daily dosage:** 200-400 mg.
-  **Conventional use:** Weight management, antioxidant support, metabolism boost.







Other Supportive Ingredients

-  **Tomato Lycopene Powder (5% HPLC):** Antioxidant and metabolic health support.
-  **Beetroot Powder:** Metabolism and circulation.
-  **Broccoli Extract:** Detox and metabolic health.





Cardiovascular Health

Black Pepper Extract

-  **Botanical species:** *Piper nigrum*.
-  **Standardization:** 95% Piperine (HPLC).
-  **Common daily dosage:** 5-10 mg.
-  **Conventional use:** Bioavailability enhancer, antioxidant support, circulation booster.

Other Supportive Ingredients

-  **Astaxanthin Powder (2.5%-5%):** Powerful antioxidant, cardiovascular protector.
-  **Grape Seed Extract:** Vascular health and antioxidant protection.



Longevity & Vital Energy

Shilajit Extract

- 🌿 **Botanical species:** *Asphaltum Punjabinum*.
- 🏆 **Standardization:** 20% & 50% Fulvic Acid.
- 💊 **Common daily dosage:** 300-500 mg.
- 📖 **Conventional use:** Vitality, anti-aging support, energy enhancement.





Other Supportive Ingredients

- *Ultra-Micronized Palmitoylethanolamide (PEA):* Inflammation control and cellular homeostasis.
- *Polypodium Leucotomos Rhizome Extract:* Oxidative stress protection.
- *Grape Seed Extract:* Anti-aging, oxidative protection.
- *Green Tea Extract (95% Polyphenols):* Longevity and antioxidant support.







Digestive & General Wellness

Triphala Extract

-  **Botanical species:** *Embolica officinalis*, *Terminalia bellirica*, *Terminalia chebula*.
-  **Standardization:** 40% Tannins (Titration).
-  **Common daily dosage:** 500-1000 mg.
-  **Conventional use:** Digestive regularity, detoxification, antioxidant support.







Ginger Extract

-  **Botanical species:** *Zingiber officinale*.
-  **Standardization:** 5% Gingerols (HPLC).
-  **Common daily dosage:** 250-500 mg.
-  **Conventional use:** Digestive comfort, anti-inflammatory, nausea reduction.







Curcuma Extract





-  **Botanical species:** *Curcuma longa*.
-  **Standardization:** 95% Curcuminoids (HPLC).
-  **Common daily dosage:** 500-1000 mg.
-  **Conventional use:** Anti-inflammatory, antioxidant, joint and digestive health.



Bromelain

-  **Botanical species:** *Ananas comosus*.
-  **Standardization:** 80 GDU to 5000 GDU.
-  **Common daily dosage:** 200-600 mg.
-  **Conventional use:** Anti-inflammatory, digestive health, immune modulation.

Other Supportive Ingredients

-  **Artichoke Leaf Powder:** Liver support and digestive aid.
-  **Thyme Extract (*Thymus vulgaris*):** Digestive tonic and antimicrobial.
-  **Barley Grass Extract:** Gut health support.
-  **Cranberry Powder:** Antimicrobial effect.

Contact our team for samples, documentation,
or a custom formulation proposal.

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Gonmisol
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GMP



*GONMISOL's certifications

**Our ingredient portfolio includes items certified to standards
such as Non-GMO, Kosher, Halal, USDA organic, Ecocert, GMP,
and others, depending on the specific product

